

ACCRINGTON ROAD RUNNERS CODE OF CONDUCT.



As a Club, members come together to participate and enjoy a common interest in running. The Club believes that it is important that members, coaches, run leaders and committee members should, at all times, show respect and understanding for the safety and welfare of others and themselves. This Code of Conduct outlines the expectations we can have of each other.

Within the context of the Club, members or person(s) acting on behalf of the Club are expected to :

General -

- Behave with respect to other members of the Club, other runners and members of the public;
- Behave in accordance with the Club's Welfare Policy and this Code of Conduct;
- When representing the Club, respect and comply with the rules and regulations of competitions that they may participate in or assist with as an official;
- Abide by the Club's rules as set out in its policies, including this Code of Conduct, and rules laid down by the sports' governing body, and England Athletics (EA);
- Uphold the Club's good name and reputation, both inside and outside of Club activities, and conduct themselves in an appropriate manner;
- Use club online forums and groups in a respectful way and to support other Members;
- Follow the Grievance and Discipline Procedures if at any time they have cause for concern for the welfare, safety or behaviour of others;

Training sessions -

- Only train within your abilities and levels of fitness;
- Take responsibility for your own safety and not compromise the safety of others;
- Encourage and commend fellow members;
- Ensure good time management, so as not to delay the start times of sessions they attend;
- Report any medical conditions, injuries or incidents whether at training or during events to the run leader;
- Ensure that runners are not left behind by re-grouping and running back as directed by run leader;
- If a runner needs to leave the group during a run the run leader must be informed;
- Adhere to the directions and group structure outlined by the run leader at the start of the run;
- Reflective clothing must be worn during evening and night sessions as light conditions dictate (see Health and Safety Guidelines);
- Behave in accordance with the Club's Welfare Policy, inclusion policy and this Code of Conduct;
- Respect the rules of the Highway and Country Codes;
- Adhere to any rules of any facility used for the purposes of the Club.

Policy history and review information

Action	Date	Meeting	Review date	Secretary
First adopted	22/10/2021	AGM	10/2023	<i>Pam McCullagh</i>
Reviewed	06/10/2023	AGM	03/25	<i>Pam McCullagh</i>